

Instructions: The Family Choice Journal

The purpose of the Family Choice Journal is to support families and young people in sharing their priorities, hopes and needs when they choose a school or out-of-school activity.

Note: The below instructions offer one way to interact with the Family Choice Journal. If you come across an activity that is not helpful to you, skip it! This is for you.

Learning Happens Everywhere!

Family discussions and learner self-reflection is valuable and important as you make choices about the learning environments and programs you engage in--both in and outside of school!

Step 1 : Getting Started

Make a list of schools or activities that you know of and that interest you. Maybe you learned about them through a friend, a group you are part of on social media, or it is near your home. **RESCHOOL'S DISCOVER Learning Resource** might be a helpful site to learn about activities in your area.

Look at the school or program's website, and set up a time to take a tour, especially if you are looking for a school.



Next...

Before you tour a school or sign up for the activity...

Step 2: Reflect

Learner fills out the Learner
Reflection and Experience
Reflection. Invite an adult who
knows you well to talk with you
about these questions if it is
helpful.

Step 3: Prioritize

Fill out the **Priorities Reflection.**Make notes on each card.
Use the **Priorities Organizer** to make notes about what you need to have, what would be nice to have, and what you do not need.

Step 4: Review

Reference the **Next Steps Page** and the notes you made in the Family Choice Journal.

Step 5: Choose

Choose a school(s) or activities to visit. If you are choosing a school and have questions about the choice process, contact the school district or one of the schools you would like to attend.



Step 1: Getting Started

List of schools or activites/programs you know about and interest you